



83 St George's Rd, Kemptown, Brighton BN2 1EF www.proudcabaret.com | @proudbrighton

5 COURSE MENU

Appetisers

Spring Rolls £5
Sweet Chill Dip (gluten, sesame)

Beetroot & Apricot Falafel £,5 (soya)

Bread & Butter £,3.5

(gluten free on request, dairy)

Mixed Olives £3.5

(gluten free on request, dairy)



Menu

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SPICED CARROT & CORIANDER SOUP

Fresh Bread Roll | Salted Butter (sulphites)

HAM HOCK TERRINE

Piccalilli | Crostini | Cornichons (mustard, sulphites, gluten)

PAPRIKA CRUSTED COD STEAK

Heritage Baby Carrot | Salsa Verde (sulphites, gluten, fish)

HUNTER'S CHICKEN

Sauteed New Potatoes | Grilled Carrot | Tarragon Sauce (soya, dairy)

CHOCOLATE ORANGE GÂTEAU

Vanilla Bean Ice Cream (soya,dairy)

SPICED CARROT & CORIANDER SOUP

Fresh Bread Roll | Salted Vegan Butter (gluten free available on request)

SWEET POTATO GRATIN

Vine-Roasted Tomato | Swiss Chard (soya, gluten)

AUBERGINE PARMIGIANA

Dried Olives | Sun-dried Tomato (gluten, sulphites)

THREE LENTIL BAKE

Sauteed Herby New Potatoes | Grilled Balsamic Carrots (soya, sulphites)

CHOCOLATE ORANGE GÂTEAU

Vegan Vanilla Pod Ice Cream (soya, vg)

Sides

Roasted Heritage Carrots (vg, *gf) £5

Tenderstem Broccoli (vg, *gf) £5

Spicy Mixed Vegetables (vg, *gf) £3.5

Sauteed New potatoes (vg, *gf) £3.5

V – Vegetarian / Vg – Vegan / Gf - gluten free / Df - Dairy free / Nf - Nut free
*No items containing gluten/nuts were used in the creation of this dish, however this was cooked in an open kitchen, so traces of gluten/nuts may be present

A mandatory 15% service charge will be added to your bill. Before placing your order, please inform us if a person in your party has a food allergy in line with EU regulation 1169/2011, allergen product lists are available upon request.

Subject to availability. Prices are inclusive of VAT.